

Fall, 2015



HOSPICE HAPPENINGS *newsletter*

www.chathamkenthospice.com

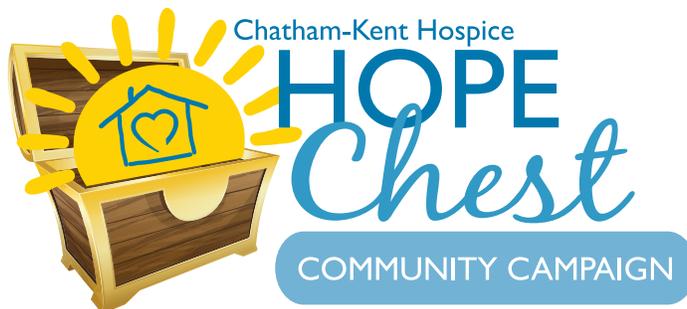
The Hospice Hope Chest Campaign is closing in on its *Goal!*

Thank you to everyone who has donated towards the purchase of furniture and equipment for our new residential hospice. Our goal for the Hospice Hope Chest Campaign is \$200,000 and we have raised \$160,000 to date.

A donation to the Hospice Hope Chest Campaign will be used to offset the cost of furniture and equipment specifically designed for end-of-life care. Visit our website (chathamkenthospice.com) or give us a call at 519-354-3113 for a list of items needed. There are items at a variety of donation levels so you can pick the item or items that are meaningful to you. Your donation is a very practical way to support people who are dealing with end-of-life!

As we get closer to the holiday season, why not consider a donation in honour of someone as a thoughtful gift.

With your help, our residential hospice will be fully equipped to provide, comprehensive, end-of-life care very soon!



Changing moments, changing lives.

Our mission is to provide care that changes how families live the important experiences near the end of life.

Inside:

Page 2

- The Hospice Building has Taken Shape!
- What is Palliative Care?
- The Heart of a Volunteer

Page 3

- Hospice Heart Stories
- Community Events

Page 4

- Message from the Chair
- Attention Union Gas Employees, Retirees and Board Members
- Contact Us

Save the Stamp! If you have received a paper copy of this newsletter and have an e-mail address, please send it to us at info@chathamkenthospice.com. We will send you an electronic copy of the newsletter instead. It helps us save money and it is environmentally friendly!

The Hospice Building has Taken Shape!

Construction of our new 10 bed residential hospice is going well and we are very happy with the quality of work completed to date. We expect the construction to be finished in February 2016. Then, we will outfit the hospice with furniture, equipment and supplies; complete the training of staff and volunteers as well as provide an opportunity for the community to tour the facility.

Since the last newsletter, the roof has been finished, window frames installed with windows to follow in short order. Spray foam insulation has been applied to the exterior of the building and the stone masons are busy laying stonework. Structural inspection has been completed for the main floor which means all supporting and partition walls can have drywall installed.

Now that the building is essentially water-proof, several sub-contractors are working full speed ahead inside the building. On any given day, as many as 25 people are on site working throughout the building including, electrical contractors, plumbers, heating and cooling contractors, carpenters and the general contractor who is

providing general aid to all sub-contractors to complete their work in an expeditious manner.

Construction updates and pictures can be found on our website www.chathamkenthospice.com and Facebook page.



View of the front of the Hospice

What is Palliative Care?

Being diagnosed with a life-threatening illness and coming to terms with death and loss is very difficult. Palliative Care (sometimes called Hospice Palliative Care) is a specialized form of care, which supports the person and their loved ones as they face serious illness and end of life. It not only focuses on pain and symptom management, but the emotional and spiritual aspects as well.

Presently, the people in Chatham-Kent are supported during this time by their health teams, by specialists at regional cancer centers and staff at the Chatham-Kent Health Alliance. In the community, they are supported through the Palliative Care Consultation Team (PCCT)

at Community Care Access Centre (CCAC), and programs available through Victorian Order of Nurses (VON) and other agencies which provide volunteer palliative care visitors and bereavement support for families and children.

The hospice is working closely with these providers to develop ways to ensure seamless transitions of care for families and their loved ones when we open. If you are currently facing a life-threatening illness, and would benefit from palliative care expertise and support, speak to your health care provider or call CCAC at 519-436-2222 for more information.

The Heart of a Volunteer

"The heart of a volunteer is not measured in size but by the depth of the commitment to make a difference in the lives of others"

– DeAnn Hollis

Our mission is to provide care that changes how families live the important experiences near the end of life. It takes a team of people who are committed to helping those who will need our care. A team that works together regardless of title, or position; a team that supports each other so that they can provide quality care to make a difference in the lives of others. If you enjoy being a part of a strong team environment and feel like you are ready to make the commitment to help us achieve our mission, please fill out an application online today www.chathamkenthospice.com or call Melanie at 519-354-3113 for more information.





Hospice Heart Stories:

Chatham-Kent Hospice's First Volunteer

I started volunteering in February of 2014 and I have seen a lot of changes since then. The data base of donors, supporters and volunteers was around 600 at that time and now it is over 6000. I have shared in the excitement of corporate support, individual pledges and Hospice Hope Chest donations. I have noticed a significant increase in the number of in memoriam donations directed to the Hospice, and I have seen growth in the number of events devoted to fundraising for the Hospice. Thanks to the support of family and friends I joined others to become one of the "Hospice Heroes". Most importantly, I have heard increased excitement and enthusiasm throughout the community as we watch the Chatham-Kent Hospice take shape. Volunteering in the Chatham-Kent Hospice office has been a very positive experience and I am looking forward to continuing once the site is complete.



Cathy Telfer

Hospice Services needed in the Community



Eileen May Suitor

It would have been such a different experience if the hospice had been available for our mother back in 2006. She was diagnosed with terminal cancer and wanted to die at home. My siblings and I provided care for mom in order to allow her to remain at home. Mom lived longer than was expected and many of us had to return to work. With me being the only one left to care for mom we had to admit her to the CKHA Sydenham Campus' palliative care unit, where she died 22 days later. Our having to travel so far to see mom made this time very difficult; we were also dealing with one of our sibling's being diagnosed with colon cancer. It would have been so great to have had the care and support of the hospice during this difficult time of dealing with the impending deaths of two dearly loved family members.

Submitted by Brenda & Frank Hoyles

If you have a story to share, please:

- Email it to info@chathamkenthospice.com
 - Mail it to 99 Park Street, Chatham, ON N7M 3R5
- And we may include it in a future edition of "Hospice Happenings".

Community Events

Thank you to the Following Hospice Hope Chest Supporters:

- All of the **Shopper's Drug Mart's** and donors in Chatham-Kent for supporting the Hospice through the Growing Women's Health Campaign
- **Entegrus**, for choosing the Hospice as their charity for the Electricity Distributor's Association (EDA), Western District Golf Tournament. Your generous donation of \$55,000, will make a big difference at the Hospice.
- Those involved in the **Nik McLeod Moustache Memorial Golf Tournament**, the \$4000 raised is greatly appreciated.
- The **St. Agnes Knights of Columbus**, for hosting a Steak Dinner.
- The **Chatham Masonic District** for their generous donation of \$6,225.
- The members of **Pretty in Pink and Dover Rod and Gun Club** for hosting a Broasted Chicken Dinner.
- Thank you to the **Chatham Sunrise Rotary** for your ongoing support and commitment to The Chatham Kent Hospice. The club's annual Roses for Rotary fundraiser held in the spring raised \$15,000!

Here is the list of upcoming events in support of Chatham-Kent Hospice. Visit our website for more information.

November 14

Chatham Christian School Co-Ed Volleyball Tournament fundraiser. To enter your team contact amykoomans@chathamchristian.ca or natasha.xiv@gmail.com

November 21

Say Yes to the Dress Again Gala in support of Chatham Kent Hospice. Tickets available at Radiance Massage Therapy and Spa.

November 21-22

Captain Garnet Bracken IODE Presents 2015 Christmas House Tour. For tickets please call 519-354-0803 or 519-351-3126
Please visit our website www.chathamkenthospice.com for more details

We are grateful to ALL the individuals and community groups who have organized an event to benefit Chatham-Kent Hospice – Thank You!

If you have an event idea, please contact us or visit our website to learn more about how we can help you.

Message from the Chair

Hard hat - check, steel toed boots - check. I recently stepped inside our new hospice and it was a thrill to see something we had imagined for three long years finally becoming a reality. Our community should be very grateful that the hospice construction committee, led by Jim Laforet, is taking the time and care to ensure every detail of the new build is correct and in accordance with the highest standards dictated by principal architect Marco Raposo at ROA Studio Inc. and supervised by our project manager Chris Masterson. Following their lead, Westhoek Construction Ltd is ensuring our new hospice will be the very best it can be in order to serve the families of Chatham-Kent.

And as we look to the future it is important to understand that while our facilities are modern and efficient, we will still need the continued support and good will of our community to serve our loved ones. The Ontario government supplies some of the wages for the direct care staff but ongoing community support is needed to keep the lights on and the pantry stocked. Expenses for activities such as cleaning services and fresh linens need to be carried by our generous community. This difference between government money and operating costs is referred to in our hospice community as 'the gap'. By design the Chatham-Kent Hospice has kept the gap as small

as possible - using tactics of a new energy efficient building (to keep heating costs as low as possible) and sharing back office services (to keep administrative costs as low as possible) and the extensive use of volunteers in many areas of hospice work - but even after all these strategies, there will still be a gap and we will need our community to continue to support the good work of the hospice.

Thank you for your continued support and I look forward to seeing all of you at the ribbon cutting when we open our new hospice!



Jennifer Wilson
Chair, Chatham-Kent Hospice Board



Attention Union Gas Employees, Retirees and Board Members!



uniongas

A Spectra Energy Company

Chatham-Kent Hospice qualifies for the *Spectra Energy Matching Gift Program* for donations of \$50 or more. This program encourages and supports the generosity and community involvement of employees, retirees and board members by providing matching funds to the charitable organizations those individuals personally support.

If you would like to take advantage of this program, visit www.easymatch.com/Spectra-energy or call **Chatham-Kent Hospice** at 519-354-3113 for an application form.

What a wonderful way to make the most of your donation!

Contact us to learn more or donate



Compassionate end-of-life care in a home-like setting



You can donate:

Online: www.chathamkenthospice.com

By mail to:

Chatham-Kent Hospice
99 Park Street
Chatham, ON N7M 3R5

Or call: 519-354-3113

We are grateful for your support of Chatham-Kent Hospice. If you would no longer like to receive a copy of this newsletter, please email info@chathamkenthospice.com or call 519-354-3113 and ask that your name be removed.

Charitable Status #: 843944430RR0001