

Frequently Asked Questions:

What is a virtual hike?

A virtual hike is when you can run or walk in any location (your favorite walking route, on the treadmill, on the track, on trails, in your home, etc.). You have the flexibility and convenience of hiking at any time, at your own speed and distance.

To make it feel more like our traditional Hike for Hospice event we are encouraging participants to walk Mud Creek Trail between April 26- May, 2021.

*Due to the consistently evolving status of COVID-19, we encourage all virtual hikers to review the public health and safety recommendations of your local governments to ensure that you are engaging in up-to-date social distancing practices.



What time will the hike take place?

You can hike whenever it is good for you or your virtual team-mates. There is no set time.

Why have you decided to do it this way?

The health and safety of our Hikers and volunteers is our top priority. We are continuing with this event virtually to provide you with an opportunity to support compassionate, end-of-life hospice care for families in Chatham-Kent. Now is the time to come together, while staying apart, to ensure this care continues to be available at no cost to residents and their families when they need it most. It also provides a way to stay active and get outdoors!

How can I show that I have completed my Hike?

We are encouraging hikers to share their virtual hike experience, by taking a photo or video and sharing it on your personal social media sites. Feel free to include a message of encouragement or the reason you are participating. Share who you are hiking for or why you support Hospice palliative care. Be creative with your posts. Are you walking with your pet? Show us!

Don't forget to tag @ChathamKentHospice and use #Hike4HospiceCK in your post so that we can capture everyone's moments.

I don't have social media but want to share my hike story and experience. How can I still participate?

Hikers can send their photos and videos to foundation@chathamkenthospice.com so we can share your photos and videos on our social media channels (Facebook, Instagram)

I want to support Hospice but don't want to participate in the hike, what else can I do?

You can still be a part of our Hike by pledging someone who is participating or to the general event

itself. Visit our website at www.chathamkenthospice.com to learn more about other ways to donate.

Will I receive a t-shirt?

2021 Hike for Hospice T-shirts are available to purchase for \$10 during the registration process. T-Shirts will be available to pick up during our early bird drop off April 20-22 from 4:00 p.m. to 6:00 p.m.

The deadline to order is Thursday, April 1, 2021.

What happens to the pledges I have collected?

All the pledges you have collected will still help families receive compassionate, end-of-life hospice care. Now more than ever we need your support to ensure this care continues to be available at no cost to residents and their families.

What will happen with the Corporate Challenge?

Although we will not be able to celebrate your generous spirit together in person, we would still like to recognize your efforts! The team with the most funds raised and received by Chatham-Kent Hospice Foundation as at **Thursday, April 29, 2020** will be the winner of the corporate challenge. Some of the winner benefits may be a little deferred but we still plan to celebrate your achievement by sharing pictures of your team members on our social media. Watch our Facebook page, May 2nd for the big announcement!

How do I submit cash or cheques I have collected?

Once you have your cash and cheques tallied, with our paper pledge form, you can do **ONE** of the following:

1. Drop off your pledges at Hospice April 22-22 from 4:00 pm to 6:00 pm. Please bring your cash and cheques in a sealed envelope with your contact information on the pledge form. To comply with social distancing, the drop off will be contactless. To arrange a different time please call 519-354-3113

OR

2. Mail your form and donations to:
Chatham-Kent Hospice Foundation
34 Wellington St E
Chatham, ON N7M 3N4

*Please do not send cash in the mail. You can write a personal cheque for those cash donations, highlighting on your pledge from the name and address of those it is including so that charitable tax

donations can be issued directly to the sponsor. Cheques can be made payable to **Chatham-Kent Hospice Foundation**.

To ensure timely delivery and that your pledges will be counted towards the final Hike for Hospice tally, please place them in the mail prior to **April 19, 2021**.

OR

3. Pay for cash donations using your credit card. Send a copy of your pledge form to foundation@chathamkenthospice.com and call us at 519-354-3113 ext 2300 to provide your credit card information. In order to ensure your donors receive receipts, please do not complete this transaction on our website.