

LIFTING FOR LIFE FUNDRAISER

Hosted by: Performance 360 & Hotties in the Hood

IN HONOUR OF



Jay
Brodie



Ernie
Jenkins



Annie
Mertz



Ron
Paxton



Jan
Shaw



Janet
Stuart

In memory of Henry Heyink, Ruby Kennedy, Mike Korpan, Steve Paxton, Ewen Ross, and Richard Ross

Males lift 50% of their bodyweight

Females lift 30% of their bodyweight

OPEN TO PARTICIPANTS OF ALL ABILITIES



April 27, 2024 - 11:00 A.M.



770 Richmond St, Chatham

For more information call:

RICK PAXTON: 519-350-1030
HEATHER MYERS: 519-365-1809
PERFORMANCE 360: 519-436-1530

All Proceeds Supporting:

