



EMBRACING TOMORROW

Together...

A Spousal Loss Support Group

'Embracing Tomorrow Together' is dedicated to providing a compassionate and supportive environment for individuals who have experienced the loss of a spouse or partner. Please join us in a safe space where members can share their experiences, find solace, and navigate the journey of grief together. Through mutual support, understanding, and encouragement, we aim to foster healing, resilience, and hope for a brighter tomorrow. We are committed to walking beside one another as we embrace new beginnings and find strength in community.

WEDNESDAYS
February 26
to
April 16

1:30 pm to 3:00 pm

**Community &
Supportive Care
Services Office**
40 Centre St., Chatham
Suite 305
Extra parking located at
Vital Air on the corner of
Centre St & Harvey St

Registration and Intake Assessment Required
Please contact: Lisa Adams at 519-354-3113 2406
or supportivecare@chathamkenthospice.com


Well Within
CHATHAM-KENT HOSPICE
Community and Supportive Care Services