



# SARAH'S SQUAT CHALLENGE FOR HOSPICE

**FEBRUARY** **2026** **ALL MONTH**

**DONATE TODAY AND HELP SARAH REACH HER  
GOAL TO RAISE \$2,000 FOR HOSPICE FAMILIES!**

Hosted in honor of her mom, who overcame cancer,  
Sarah is completing 50 weighted squats a day in  
February. All proceeds to Hospice care in CK!

## **HOW TO DONATE**

**E-transfer:**

sarah-richardson76@hotmail.com

**Online:**

[chathamkenthospicefoundation.com/donations](http://chathamkenthospicefoundation.com/donations)

A COMMUNITY  
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SUPPORT OF

