



Grief & Bereavement

# WALKING SUPPORT GROUP

Join our non-judgmental, welcoming and confidential walking group alongside others who are grieving the loss of a loved one.

MUD CREEK TRAIL, CHATHAM

**Wednesdays | May 6 - June 24**

10:00 to 11:00 am

Parking located at: 389 Tweedsmuir Ave. West

Registration Required

Please contact: Lisa Adams at 519-354-3113 2406

or [supportivecare@chathamkenthospice.com](mailto:supportivecare@chathamkenthospice.com)



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Community and Supportive Care Services